

Using iN2L in Therapy During COVID-19



The risk of severe illness is highest in the elderly, immunocompromised, and those with chronic diseases. We treat these groups of people each day. Keeping residents calm, engaged, socialized, and cognitively stimulated is so important, especially in such precarious times. Many of our elders are in isolation; even if they are not in complete isolation, they are still in quarantine inside your community. As therapists, we are an outlet for their energy and a true supporter. We should continue to challenge them, whether they participate in their room or in the gym.

While most of the content in the iN2L platform can be used for individual use, interaction may be lacking during this time. We have added a few examples of engaging individual activities, but also an example of a My Page Scenario button that is based around therapist and elder interactions. This button is also an appropriate button to add for PDPM small group regulations.

Individual Activity Ideas

Calm: Breathe Application & Relaxation Music

Engage: Weekly Games

Inform: Internet – Good News Network

Participate: Holiday Ideas – Crafts

Connect: Skype/Video Chat

Enhance: Happy Neuron

Interact: Discussion Starters

Play: Puzzles

*Add the new windowed timer/stopwatch to any piece of content

Two-Person Scenario Button



Tips for Cleaning and Disinfecting Your iN2L System

- Consider assigning Housekeeping personnel to clean and disinfect the systems daily.
- Use disinfecting wipes and microfiber cloths to remove any residue.
- Encourage residents and staff to wash their hands prior to using the system.
- Educate all staff on how to clean iN2L equipment to minimize the potential for cross-contamination, particularly from usage by residents in isolation.